



# Our Games Our Code of Behaviour

## Éire Óg LGFA

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Let us ensure that everyone working on our behalf emphasises **FAIR PLAY, RESPECT, EQUALITY, SAFETY** and **NO DISCRIMINATION** in all aspects of our work with children and young people.



# Our Games Our Code of Behaviour

## Éire Óg LGFA YOUNG PLAYERS

Young Players can benefit greatly from sports in terms of personal development and enjoyment. Our players are encouraged to realise that as a result of their participation in our Gaelic Games that they also have a responsibility.

To treat other players and officials with fairness and respect. With rights there will always be responsibilities. Young Players, and those who work with them in our Associations are required to 'sign up' and abide by this Code of Behaviour and to any other policies or codes in our Clubs or National Governing Bodies.

### YOUNG PLAYERS SHOULD BE ENTITLED TO:

- Be safe and feel safe
- Have fun and experience a sense of enjoyment and fulfilment.
- Be treated with respect, dignity and sensitivity
- Comment and make suggestions in a constructive manner
- Be afforded appropriate confidentiality.
- Participate in games and competitions at levels with which they feel comfortable
- Make their concerns known and have them dealt with in an appropriate manner
- Be protected from abuse
- Be listened to
- Be given adequate playing time to assist in the development of their playing skills.

### YOUNG PLAYERS SHOULD ALWAYS:

- Play fairly, do their best and enjoy themselves
- Respect fellow team members regardless of ability, cultural or ethnic origin, gender, sexual orientation or religious beliefs
- Support fellow team members regardless of whether they do well or not
- Represent their team, their Club and their family with pride and dignity
- Respect all Coaches, Officials and their opponents.
- Be gracious in defeat and modest in victory
- Shake hands before and after a game as part of the Give Respect Get Respect initiative, irrespective of the result
- Inform their Coach/Mentor/Manager in advance if they are unavailable for training and games
- Take due care of Club equipment

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- Know that it is acceptable to talk to the Club Children's Officer with any concerns or questions they may have
- Adhere to acceptable standards of behaviour and their Club's Code of Discipline
- Tell somebody else if they or others have been harmed or bullied in any way.

#### **YOUNG PLAYERS SHOULD ENGAGE IN GOOD PRACTICE:**

- Never cheat – always play by the rules
- Never shout at or argue with a game's official, with their Coach, their teammates or opponents and should never use violence!
- Never use unfair or bullying tactics to gain advantage or isolate other players
- Never spread rumours
- Never tell lies about adults or other young people
- Never play or train if they feel unwell or are injured
- Never use unacceptable language or racial and/or sectarian references to an opponent, a fellow player or official by words, deeds or gesture.
- Never consume non-prescribed drugs or performance enhancing supplements.

## **PARENTS/GUARDIANS**

Parents/Guardians have an influential role to play in assisting and encouraging their children to fully participate in Gaelic Games, whether by playing our games or attending training or coaching sessions. In common with Coaches and Club personnel the Parents/Guardians of underage players should act as role models for their children as they participate in Gaelic Games.

#### **PARENTS/GUARDIANS SHOULD ENCOURAGE THEIR CHILD TO:**

- Always play by the rules
- Improve their skills levels
- Appreciate everybody on their team, regardless of ability
- Maintain a balanced and healthy lifestyle with regard to exercise, food, rest and play. Advice may be sought if necessary, from Club officials on this issue.
- Respect their Club coaches and opponents

#### **PARENTS/GUARDIANS SHOULD LEAD BY EXAMPLE:**

- Adopt a positive attitude to their children's participation in our games
- Respect officials' decisions and encourage children to do likewise.
- Do not exert undue pressure on your child
- Never admonish your own child or any other child for their standard of play
- Be realistic in their expectations
- Show approval for effort, not just results.
- Avoid asking a child or young person, 'How much did you score today' or 'What did you win by' or 'What did you lose by' Ask them 'Did they enjoy themselves'.
- Never embarrass a child or use sarcastic remarks towards a player
- Applaud good play from all teams.
- Do not criticise playing performances. Identify how improvements may be made
- Do not seek to unfairly affect a game or player.
- Do not enter the field of play unless specifically invited to do so by an official in charge.

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**PARENTS/GUARDIANS SHOULD:**

- Complete and return the registration/permission and medical consent forms for their child's participation in the Club
- Inform the Coaches, and any other relevant Club personnel, of any changes in their child's medical or dietary requirements prior to coaching sessions, games or other activities
- Ensure that their child punctually attends coaching sessions/games or other activities
- Provide their child with adequate clothing and equipment as may be required for the playing of our games including for example, helmets, shin guards, gum shields etc
- Ensure that the nutrition/hydration and hygiene needs of their child are met
- Never encourage your child(ren) to consume non-prescribed drugs or take performance enhancing supplements
- Listen to what their child may have to say
- Show approval whether the team wins, loses or draws a game
- Never attempt to meet their own needs and aspirations for success and achievement through their children's participation in games

**PARENTS/GUARDIANS SHOULD ASSIST THEIR CLUB BY:**

- Showing appreciation to volunteers, coaches and Club officials.
- Attending training and games on a regular basis
- Assisting in the organising of Club activities and events as requested
- Respecting the rights, dignity and worth of every person and by treating each one equally regardless of age, gender, ability, ethnic origin, cultural background or religion
- Not entering team dressing rooms unless deemed necessary by the team coach (es) so as to protect the privacy of other underage players.

**PARENTS/GUARDIANS HAVE THE RIGHT TO:**

- Know their child is safe and to make a complaint if they believe that their child's safety is in any way compromised
- Be informed of problems/concerns relating to their child
- Be informed if their child gets injured
- Complain if they have concerns about the standard of coaching
- Have, as a member, a say in relation to decisions being made within the Club
- This Code of Behaviour addresses the minimum levels of behaviour, practice and conduct required from our Young Players, Coaches, Officials, Managers, Supporters, Parents/Guardians and Clubs.

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## DECLARATION

I \_\_\_\_\_ (print name) acknowledge that I have received a copy of the **Code of Behaviour (Underage)**, which I have read and understood in full. I agree to be bound by the principles set out in the Code when participating, playing or attending our Gaelic Games.

**Signed:** \_\_\_\_\_ (Player) **Date:**

**Signed:** \_\_\_\_\_ (Parent/Guardian) **Date:**

**Signed:** \_\_\_\_\_ (Parent/Guardian) **Date:**

**Signed:** \_\_\_\_\_ (Coach) **Date:**

A full copy of the Code of Behaviour Underage can be downloaded from [www.gaa.ie](http://www.gaa.ie)

**Children's Officers:**

Karl O'Mahony & Lisa O'Connell

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## Our Games Our Code of Behaviour Éire Óg LGFA ADULT PLAYERS

Players can benefit greatly from sports in terms of personal development and enjoyment. Our players are encouraged to realise that as a result of their participation in our Gaelic Games that they also have a responsibility to treat other players and officials with fairness and respect. With rights there will always be responsibilities.

Players, and those who work with them in our Associations are required to 'sign up' and abide by this Code of Behaviour and to any other policies or codes in our Clubs or National Governing Bodies

### **PLAYERS SHOULD BE ENTITLED TO:**

- Be safe and feel safe
- Have fun and experience a sense of enjoyment and fulfilment.
- Be treated with respect, dignity and sensitivity
- Comment and make suggestions in a constructive manner
- Be afforded appropriate confidentiality.
- Participate in games and competitions at levels with which they feel comfortable
- Make their concerns known and have them dealt with in an appropriate manner
- Be protected from abuse
- Be listened to
- Be given adequate playing time to assist in the development of their playing skills

### **PLAYERS SHOULD ALWAYS:**

- Play fairly, do their best and enjoy themselves
- Respect fellow team members regardless of ability, cultural or ethnic origin, gender, sexual orientation or religious beliefs
- Support fellow team members regardless of whether they do well or not
- Represent their team, their Club and their family with pride and dignity

Let us ensure that everyone working on our behalf emphasises **FAIR PLAY, RESPECT, EQUALITY, SAFETY** and **NO DISCRIMINATION** in all aspects of our work with children and young people.

- Respect all Coaches, Officials and their opponents.
- Be gracious in defeat and modest in victory
- Shake hands before and after a game as part of the Give Respect Get Respect initiative, irrespective of the result
- Inform their Coach/Mentor/Manager in advance if they are unavailable for training and games
- Take due care of Club equipment
- Adhere to acceptable standards of behaviour and their Club's Code of Discipline
- Tell somebody else if they or others have been harmed or bullied in any way

### PLAYERS SHOULD ENGAGE IN GOOD PRACTICE:

- Never cheat – always play by the rules
- Never shout at or argue with a game's official, with their Coach, their teammates or opponents and should never use violence
- Never use unfair or bullying tactics to gain advantage or isolate other players
- Never play or train if they feel unwell or are injured
- Never use unacceptable language or racial and/or sectarian references to an opponent, a fellow player or official by words, deeds or gesture.
- Never consume non-prescribed drugs or performance enhancing supplements.

This Code of Behaviour addresses the minimum levels of behaviour, practice and conduct required from our Players, Coaches, Officials, Managers, Supporters, Parents/Guardians and Clubs.

### DECLARATION

I \_\_\_\_\_ (print name) acknowledge that I have received a copy of the **Code of Behaviour** which I have read and understood in full. I agree to be bound by the principles set out in the Code when participating, playing or attending our Gaelic Games.

**Signed:** \_\_\_\_\_ (Player) **Date:**

**Signed:** \_\_\_\_\_ (Coach) **Date:**

A full copy of the Code of Behaviour Underage can be downloaded from [www.gaa.ie](http://www.gaa.ie)

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# Our Games, Our Code of Behaviour

## Éire Óg LGFA

### COACHES, MENTORS AND TRAINERS

All Coaches, Mentors and Trainers (referred to hereafter as Coaches) should ensure that young people and children benefit significantly from our games by promoting a positive, healthy and participatory approach in our work with underage players. In developing the skills levels of every player, Coaches should always encourage enjoyment and fun while ensuring meaningful participation in our games and activities. Coaches should always remember that they are role models for the players in their care.

#### **RECRUITMENT OF COACHES:**

All Coaches working with young people and children are required to be suitable for their chosen role(s), and should be appropriately trained, qualified and supported to fulfil such roles. All persons working or volunteering for such roles are required to undertake agreed vetting and background Police checks within the jurisdiction in which they work prior to undertaking their roles and to attend coaching and training courses relevant to such roles. All such Coaches must attend relevant child welfare and protection training as provided or instructed by their Governing body and must also complete a basic coach education qualification.

#### **COACHES SHOULD MAINTAIN A CHILD CENTRED APPROACH**

- Respect the rights, dignity and worth of every person
- Treat each person equally regardless of age, gender, ability, ethnic origin, cultural background or religion
- Be positive during coaching sessions, games and other activities so that underage players always leave with a sense of achievement and an increased level of self-esteem

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- Recognise the development needs and capacity of all underage players, regardless of their ability, by emphasising participation for all while avoiding excessive training and competition Skills development and personal satisfaction should have priority over competition when working with underage players.
- Develop an understanding of relevant coaching methods and ensure that they have the appropriate level of coaching accreditation
- Do not equate losing with failure and do not develop a preoccupation with medals and trophies. The level of improvement made by underage players is the best indicator of effective coaching.

### **COACHES SHOULD LEAD BY EXAMPLE:**

- Never use foul language or provocative language/gestures to a player, opponent or match official.
- Only enter the field of play with the Referee's permission.
- Do not question a Referee's decisions or integrity
- Encourage players to respect and accept the judgement of match officials.
- Promote Fair Play and encourage all players and fellow officials to always play by the rules of the game.
- Do not encourage or threaten a player by deed or gesture to act in any unacceptable manner towards an opponent, fellow player or official.
- Promote the RESPECT campaign amongst your players, fellow coaches, parents and supporters
- Do not smoke while working with underage players
- Do not consume alcohol or non-prescribed drugs immediately prior to or while underage players are in your care.
- Encourage parents to become involved in your team and Club activities wherever possible

### **CONDUCT OF COACHES WHEN WORKING WITH YOUNG PEOPLE:**

- Develop an appropriate working relationship with children based on mutual trust and respect
- Challenge Bullying in any form whether physical or emotional. Bullying is not acceptable behaviour be it from a young person, coach, parent/guardian, spectator or match official.

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- Do not shout at or lecture players or reprimand/ridicule them when they make a mistake Children learn best through trial-and-error Children and young people should not be afraid to risk error so as to learn.
- The use of any form of physical punishment is prohibited Do not use any form of physical response to misbehaviour unless it is by way of restraint so as to minimise or prevent injury.
- Avoid incidents of horse play or role play or telling jokes etc that could be misinterpreted
- Never undertake any form of therapy or hypnosis, in the training of children
- Never encourage players to consume non-prescribed drugs or take performance enhancing supplements

### **AVOID COMPROMISING YOUR ROLE AS A COACH**

Some activities may require coaches to come into physical contact with underage players in the course of their duties However, coaches should,

- Avoid taking coaching sessions on your own
- Only deliver one to one coaching, if deemed necessary, within a group setting
- Avoid unnecessary physical contact with an underage player and never engage in inappropriate touching of a player
- Be aware that any necessary contact undertaken as part of a coaching instruction should be determined by the age and development of the player and should only take place with the permission and understanding of the player and in an open environment in the context of developing a player's skills and abilities.

### **BEST PRACTICE**

- Ensure that all of your players are suitably and safely attired to play their chosen sport e.g., helmets (Hurling and Camogie), goggles (Handball), shin guards, gum shields (Football)
- As a coach always be punctual and properly attired
- Be accompanied by **at least** one other adult at coaching sessions, games and in underage team dressing rooms. Training cannot commence unless there is a female present.
- Set realistic – stretching but achievable – performance goals for your players and teams
- Keep a record of attendance at training and at games by both players and coaches
- Rotate the team captaincy and the method used for selecting teams so that the same children are not always selected to the exclusion of others.

and **NO DISCRIMINATION** in all aspects of our work with children and young people.

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- Keep a record of any injuries and actions subsequently taken. Ensure that another official/referee/team mentor is present when a player is being attended to and can corroborate the relevant details.
- Make adequate provision for First Aid services
- Do not encourage or permit players to play while injured
- Be aware of any special medical or dietary requirements of players as indicated on the medical consent/ registration forms or as informed by parents/guardians.
- Be willing to keep the necessary and emergency medication of players in a safe and accessible place in accordance with the wishes and permission of the parents/guardians
- Do not administer medication or medical aid unless you are willing to do so and have received the necessary training to administer such aid
- Use mobile phones, if deemed appropriate, only via a group text or email system for communicating with the parents/guardians of players. Any exception to this form of group texting can only be proceeded with following permission from parents/guardians.
- Do not communicate individually by text/email with underage players
- Ensure that all dressing rooms and the general areas that are occupied by your players and other Club personnel, prior to, during or immediately following the completion of any match are kept clean and are not damaged in any way.
- Do not engage in communications with underage players via social network sites
- Encourage parents/guardians to play an active role in organising and assisting various activities for your teams and your Club
- If it is necessary to transport a child/young person in your car, ensure that they are seated in a rear seat with seat belts securely fastened and that all drivers are adequately insured
- With the exception of their own child a coach should not transport a child alone, except in emergency or exceptional circumstances.

#### Guideline for On-Line Coaching

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Online coaching sessions should be conducted via the Microsoft Teams platform

- Signed consent from a parent is required prior to the child participating
- Consent form has a 1 yr. recognition from date submitted
- Live online coaching session may NOT be recorded or uploaded
- Not permitted to take screen shots of individual or groups of children

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- An official @gaa.ie, @lgfa, @camogie address must be used to set up the online session and invite participants via their parents
- Each event must have an individual and newly created invitation [?](#) Invites to participate may only be sent via the child's parental email

A revised Guidance for Online Coaching of Children has been agreed following consultation with statutory authorities, parents, coaches and the Gaelic Games Associations. The Guidance will assist all clubs who wish to deliver online coaching sessions whether it is for nursery level or up to Minor level or as part of a skills challenge competition or a charity event.

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### Coaches Delivering the coaching session

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- Coaches must use an existing official email address (e.g. @gaa. @lgfa. @camogie to deliver online coaching sessions
- Min. 2 coaches, or 1 coach & 1 nominated responsible adult required
- If the young people participating include both male and females the coaches/nominated responsible adults must also include male/female
- Coaches have their camera & microphone on at all times, (exceptions)
- Children have their microphone mute and their camera off and may only turn these on at the request and with the permission of the coach
- During each session we recommended that the coach occasionally requests the children, as a group, to turn on their cameras for a short period of time

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## DECLARATION

I \_\_\_\_\_ (print name) acknowledge that I have received a copy of the **Code of Behaviour**, which I have read and understood in full. I agree to be bound by the principles set out in the Code when participating, playing or attending our Gaelic Games.

**Signed:** \_\_\_\_\_ (Coach) **Date:**

A full copy of the Code of Behaviour Underage can be downloaded from [www.gaa.ie](http://www.gaa.ie)  
**Children's Officers:** Lisa O'Connell & Karl O'Mahony



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## Éire Óg Ladies Gaelic Football Club, Ovens, Co. Cork. [eireog.cork@lgfa.ie](mailto:eireog.cork@lgfa.ie)

(1) Parent(s)/Guardian(s), on behalf of the U18 applicant(s) applying to Éire Óg Ladies Gaelic Football Club (the Club) for membership of the Club and the Ladies Gaelic Football Association (LGFA)

**Or**

(2) You as an applicant over the age of 18, applying to Éire Óg Ladies Gaelic Football Club (the Club) for membership as a player of the Club and the Ladies Gaelic Football Association (LGFA)

**Or**

(3) You as an applicant over the age of 18, applying to Éire Óg Ladies Gaelic Football Club (the Club) for membership as a non-player of the Club and the Ladies Gaelic Football Association (LGFA)

### hereby agree to the following.....

· We/I hereby apply to Éire Óg Ladies Football Club (the Club) for membership of the Club and the Ladies Gaelic Football Association (LGFA).

## Membership Terms

- We/I agree to further the aims and objectives of the Club and of the LGFA and to abide by its' Rules, and code of behaviour.
- In the event of illness/injury, We/I give permission for medical treatment to be administered by a nominated first aider, or by suitably qualified medical practitioners.
- If I cannot be contacted and my child requires emergency hospital treatment, I authorise a qualified medical practitioner to provide emergency treatment or medication.
- We/I consent to the above Application and to undertakings given by the Applicant.
- We/I understand the personal data on this form will be used by the Club and the LGFA for the contractual purpose of registering (or reregistering) and maintaining the Applicant's Membership.
- We/I understand that the Personal Data will be retained by the Club and the LGFA for such period as the Applicant's Membership subsists and for a reasonable period thereafter.
- We/I understand that I can resign the Applicant's Membership by writing to the Club or the LGFA and their Personal Data will then be erased except where the Club or the LGFA has a clear justification to retain such Personal Data (e.g., for child safeguarding purposes).
- We/I understand that the Applicant's Personal Data will also be used for administrative purposes to maintain their Membership including club and team administration, registrations, team sheets, referee reports, disciplinary matters, injury reports, transfers, sanctions, permits and for statistical purposes.
- We/I understand that if I do not provide the Applicant's Personal Data their Membership cannot be registered with the Club and the LGFA.
- We/I have read the important Data Protection information on this form and have given my consent for my information to be used as follows:

To provide me on my own behalf and on behalf of my child with updates regarding Club activities such as games, training, meetings and club events.

I am aware that my child's photograph or video image may be taken whilst attending or participating in games or activities connected with the Club and I consent to it being used in the promotion of Gaelic Games, print, online/digital and social media mediums of communication. I understand that I can withdraw my consent at any time by writing to the Club or my Association. I understand my rights under Data Protection legislation, as outlined on later on this form.

- We/I agree to be contacted as follows:

SMS text message, Group messaging services (e.g., WhatsApp, Viber, iMessage, Teamer, Twitter, Instagram, Facebook) Email, phone or other.

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· You consent that your telephone number, name or email address may be visible to others on group communications.

We/I understand that I can withdraw my consent at any time by writing to the Club or my Association. I understand my rights under Data Protection legislation, as outlined on later on this form.

### **IMPORTANT GDPR NOTIFICATION**

The following privacy information is being provided to you as outlined in the General Data Protection Regulation. It is intended to inform you of how the personal information provided on this form will be used, by whom and for what purposes. If you are unclear on any aspect of this form, or want any further information, please contact the LGFA's Data Protection Officer on 01 8363156 or [dataprotection@lgfa.ie](mailto:dataprotection@lgfa.ie).

#### **Privacy Notice:**

The information requested in this form is for the sole purpose of processing your membership status. Staff from the Ladies Gaelic Football Association (LGFA) will process the information provided. The legal basis for processing this membership is for the performance of a contract. The legal basis for items (a) - (d) is "contract". The legal basis for items (e) and (f) is "legitimate interest". Your personal data will be stored on the LGFA Membership Database which is provided by Cumann Lúthchleas Gael for the purposes of processing and archiving only. A third-party contract is in place between the LGFA and Cumann Luthchleas Gael to ensure the safe and legal processing of membership information. The information will be retained for the duration of your membership and for 100 years thereafter. The LGFA retain the right to extend this timeframe for archiving purposes. This is purely to secure the history of our game and to ensure that your time and dedication to our sport is always valued and never forgotten.

#### **Who is the data controller?**

The club and the LGFA are joint data controllers of the personal data and contact details for the club are as follows Éire Óg Ladies Gaelic Football Club, Ovens, Co. Cork [eireog.cork@lgfa.ie](mailto:eireog.cork@lgfa.ie)

#### **Who is the Data Protection Officer for the LGFA and the club?**

The LGFA Data Protection Officer is Paula Prunty. You can contact our Data Protection Officer at [dataprotection@lgfa.ie](mailto:dataprotection@lgfa.ie) or 01 8363156 if you have any questions or wish to make any request in relation to your personal data.

#### **What is the purpose of processing my Personal Data?**

The purpose for processing your personal data is that it is necessary for the performance of a contract in order to register and maintain your membership with the club and the LGFA. The purpose is also to keep you informed of club and LGFA events and activities as a member of the association.

#### **Will anyone else receive a copy of my Personal Data?**

Your personal data can be accessed only by appropriate members of the County boards, Provincial boards and National Administrative function. This will be done in accordance with our data protection policy only. In the event of an injury claim, details of your claim which will include your personal data will be passed to the LGFA's Injury Fund Administrator.

#### **Where is your Personal Data stored?**

Your data will be stored electronically on the LGFA membership database, which is provided by Cumann Luthcleas Gael, Croke Park, Jones Road, Dublin 3.

#### **How long will your Personal Data be stored for?**

Your personal data will be held for as long as it is necessary, and it has a purpose. This will vary depending on your club and their archiving needs. Please speak to your club for their specific membership retention policy. The LGFA retention period for membership data is outlined in the privacy notice above.

#### **How can I obtain a copy of the Personal Data held by the Club/LGFA?**

You have the right to request a copy of all of your personal data and can do so by contacting us.

#### **What are my privacy rights relating to my Personal Data?**

You have the right to request your personal data be updated, rectified, or deleted. You have the right to object to your personal data being processed - You can do so by contacting us.

#### **Where can I get further information?**

Further information regarding your rights can be obtained through the **Office of the Data Protection Commissioner, 21 Fitzwilliam Square, Dublin 2. D02 RD28**, or on the website [www.dataprotection.ie](http://www.dataprotection.ie)

#### **How do I make a complaint or report a breach?**

Should you wish to make a complaint or report a breach under in relation to your personal data, you can do so by contacting your club representative or the LGFA Data Protection Officer at [dataprotection@lgfa.ie](mailto:dataprotection@lgfa.ie) or 01 8363156.

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